FAI Player development plan

PRE-MATCH DISCUSSION CARDS 9v9
Although there are no restrictions on Goalkeeper distribution and no retreat line - playing through “the thirds” is strongly advocated for player development.

- DURATION: 30 minutes each way
- SIZE 5 BALL; U/12 (weight 370 grams)
- OFFSIDE; Regular Offside laws now apply, as per normal 11v11 rules.
- NOTE: No retreat lines / no Goalkeeping distribution guidelines.
- SQUAD SIZE; The under 12 team shall consist of 14 players (9 players & 5 subs) However it is agreed that teams are permitted up to 16 players.
- SUBS; Roll Off/Roll On - all substitutions enter from halfway line entry point - ENSURE; equal playing time for ALL players through the season. All players must be played during the game…unless injured/sick.
- KEY MEASURE; – ensure correct playing dimensions; min / max length 70m-85m x min / max width 50m-55m. Edge of Penalty Box to Edge of Penalty Box on a normal size pitch – with side-line 7 metres either side (marked with cones). DON’T PLAY ON A 7v7 PITCH!
- PARENTS / SUPPORTERS; Clubs must ensure the pitch is roped off so parents etc have to be at least 3 metres away from side-line… . All spectators follow ‘behind the line’ concept.
- COACHES/PLAYERS ONLY; from both teams to stay on one side of the pitch opposite to parents and supporters.

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PLAYER-CENTRED; upmost importance that children enjoy their match

FORMAT:
• NON-TROPHY FOOTBALL: Playing Format: 5-a-side (5x5) Roll On/Roll Off sides. There are no match cards, no results recorded, and no League tables.

TWIN GAMES: Teams to play across the current 7v7 pitch – enabling 2 games to take place simultaneously i.e. if a team arrives with 10 players, then 2 x 5-a-side matches can play, if a team arrives with 9 players, then a 5 a side on one pitch with 4 a side on other pitch.

SQUAD SIZE: Ideal number of players to be available: 12 players... Maximum 14.

PLAYING TIME. All players must receive minimum: 30mins. Roll Off/Roll On substitutions always at halfway line entry point.

PITCH SIZE: To play across 7-a-side pitch with the half way line dividing both pitches; Minimum: 40m x 25m. ...Maximum: 45m x 25m.

GOAL SIZE: Goals to be turned on back – making goal smaller OR use 5-a-side goals...5m x 2m (16ft by 6ft)

MATCH DURATION: Each game to be 4 x 12mins (or 4 x 10mins subject to facility) with 2 mins interval between each session. (GOOD PRACTICE SUGGESTION: consider changing teams / mixing teams to avoid outlandish scores?)

OFFICIATING; No Referees.... but use a ‘Match Supervisor’ A match supervisor shall be a club official or adult approved by both sides and will not be allowed coach either team. Two officials needed to supervise both games. Officially to remain to the side of the pitch.

SHIN-PADS MUST BE WORN AT ALL TIMES.

WEIGHTED FOOTBALL: Size 5 Ball...U8 (weight 290 grams) / U9 (weight 320 grams)

GOALKEEPER:
• FREE KICK;
• PENALTY KICK;
• CORNER KICK;

BALL OUT OF PLAY;
• пенальти кик
• волейболовская корнара кика
• удар играющего из волейболовской корны

FREE KICK: All free kicks are indirect, opposing players must be 5 metres away.

PENALTY KICK: There are no penalty kicks. An indirect free-kick is awarded outside the penalty area.

PARENTAL ORGANISATION;
Club must ensure the home team appoints a referee/supervisor.

COACHES;
• respect the Referee / respect your opponents.

THE SPIRIT AND ETHOS OF OUR GAME

Co-Developed with input from Referees via recent PDP / Referees Regional Workshops

REFEREES:
• respect the Referee / respect your opponents.

THE SPIRIT AND ETHOS OF OUR GAME

Pre-Match Discussion Card

Under 10’s & 11’s - 7v7
This card is to be discussed / agreed mutually by both coaches with referee prior to kick off.

THE SPIRIT AND ETHOS OF OUR GAME

Co-Developed with input from Referees via recent PDP / Referees Regional Workshops

REFEREES & BOTH COACHES; - meet together prior to kick off to agree rules and the correct spirit for game to be played in. Shake hands. The Referee is a vital part of our Development Plan – let’s assist him / her as best.

REFEREES;... if available. If no Referee allocated from the league, please ensure the home team appoints a referee/supervisor.

IT’S ABOUT ENJOYMENT; Ultimately the game is for the children. Let them enjoy their match and develop positive learnings. Hopefully this will provide the basis for them remaining in sport.

RESPECT IS KEY FOR ALL PARTIES; players and coaches respect the Referee / respect your opponents.

BOTH TEAMS; - must shake hands before and after game including coaches and Referee.

PLAYER-CENTRED; upmost importance that children enjoy their match.